

**GOLDEN EMPIRE LEAGUE
2025-2026 WRESTLING 2025-2026**

(August 4, 2025)

JULY 1-14 DEAD PERIOD NO CONTACT; JULY 15-OCT 12 LIMITED OR OUT OF SEASON; OCT 13-NOV 2 LIMITED

MON 11/3/2025 WRESTLING PRACTICE BEGINS

FRI 11/14/2025 FIRST SCRIMMAGE

FRI 11/21/2025 FIRST CONTEST

TH 1/1/2026 SIT OUT PERIOD

SAT 2/7/2026 LAST CONTEST

<u>DAY</u>	<u>DATE</u>	<u>#</u>	<u>VISITOR</u>	<u>HOME</u>	<u>WEIGHIN</u>	<u>MATCH</u>
WED	12/3/2025	1	Sutter	Destiny Christian	5:00	6:00
			Rio Linda	Dixon	5:00	6:00
			El Camino	Casa Roble	5:00	6:00
			Woodland	Natomas	5:00	6:00
WED	12/10/2025	2	Sutter	Dixon	5:00	6:00
			Casa Roble	Natomas	5:00	6:00
			El Camino	Rio Linda	5:00	6:00
			Destiny Christian	Woodland	5:00	6:00
WED	12/17/2025	3	Natomas	Destiny Christian	5:00	6:00
			Rio Linda	Sutter	5:00	6:00
			Dixon	Casa Roble	5:00	6:00
			Woodland	El Camino	5:00	6:00
TU	1/6/2026	4	Destiny Christian	Rio Linda	5:00	6:00
			Natomas	El Camino	5:00	6:00
			Casa Roble	Sutter	5:00	6:00
			Dixon	Woodland	5:00	6:00
TU	1/13/2026	5	Natomas	Dixon	5:00	6:00
			Casa Roble	Rio Linda	5:00	6:00
			El Camino	Destiny Christian	5:00	6:00
			Sutter	Woodland	5:00	6:00
TU	1/20/2026	6	Destiny Christian	Casa Roble	5:00	6:00
			Dixon	El Camino	5:00	6:00
			Natomas	Sutter	5:00	6:00
			Woodland	Rio Linda	5:00	6:00
TU	1/27/2026	7	Rio Linda	Natomas	5:00	6:00
			Dixon	Destiny Christian	5:00	6:00
			Sutter	El camino	5:00	6:00
			Woodland	Casa Roble	5:00	6:00
SAT	1/31/2026		Section Duals	Lincoln-S HS	TBD	TBD
TH	2/5/2026		GEL League	Sutter	TBD	TBD
FRI/SAT	2/13-14/2026		Girls Regional	Natomas	TBD	TBD
FRI/SAT	2/13,14/2026		DIV Section	TBD	TBD	TBD
FRI/SAT	2/20,21/2026		Masters	Stockton Arena	TBD	TBD
FRI/SAT	2/20,21/2026		Girls Section	Stockton Arena	TBD	TBD